

FOR IMMEDIATE RELEASE

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Plant City Author Douglas W. Daech Unveils New Novel *Secrets and Lies*

A gripping new thriller explores government secrets, hidden truths, and the power of friendship.

PLANT CITY, FL — “*I help people escape,*” says author Douglas W. Daech. “*If you’ve had a bad day, a rough week, or life’s just throwing curveballs, there’s always one sure way out - escape with a good book.*” It’s a philosophy that has guided Daech through nine novels and three anthology contributions, and it’s the spirit behind his newest release, *Secrets and Lies*.

Two years in the making, *Secrets and Lies* is a fast-paced work of fiction blending suspense, friendship, and modern-day conspiracy. Through engaging dialogue and an immersive narrative, readers are drawn into a world where government secrets, UFO sightings, and social media deception blur the line between fact and fiction.

Daech explains his inspiration: “*The supermarket tabloids kickstarted the idea. Stories about Bigfoot, aliens, and government cover-ups fascinated me. I realized that confusion about what’s real and what’s not has become part of our culture. I wanted to explore that, and the mistrust that comes with it.*”

Described by Daech as “*Thelma & Louise meets The X-Files,*” *Secrets and Lies* follows two unlikely friends as they uncover startling truths about what society chooses to hide. Through their journey, readers are taken on an emotional ride that challenges authority, tests loyalty, and reveals the meaning of true friendship.

In addition to *Secrets and Lies*, Daech’s bibliography spans multiple genres including science fiction, paranormal mysteries, and vampire tales. His work has earned five-star reviews from readers around the world. As both a seasoned author and a Hillsborough County substitute teacher, Daech continues to inspire others to explore imagination and critical thought through storytelling.

Secrets and Lies is now available for pre-order on Amazon.com and will officially release on February 20, 2026. The e-book will also be part of the Kindle Unlimited Program, allowing subscribers to read it free of charge. Digital editions of his past books are additionally available on Smashwords, Apple Books, Kobo, and Barnes & Noble.

So, the next time life feels overwhelming, take Douglas Daech’s advice and “Escape with a good book.”

About the Author:

Douglas W. Daech is a Plant City, Florida-based author with more than a decade of writing experience. His novels explore the boundaries between reality and imagination, offering readers thrilling adventures that challenge their perceptions. When he's not writing, Daech works as a substitute teacher, introducing students to the power of storytelling and creativity.

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